

BAPIC

(Bay Area Practicum Information Collaborative)

Practicum Information Form: (rev 12.18.08)

Our agency will accept applicants from the following psychology doctoral graduate programs (mark with an X in box next to school name below):

Kaiser Permanente, Child and Adolescent Unit - Redwood City

*	Alliant International University California School of Professional Psychology, S.F. One Beach St., San Francisco, CA.94133 (415) 955-2076 Director of Training: Randall Wyatt
*	Argosy University American School of Professional Psychology 1005 Atlantic Ave, Alameda CA. 94501 Director of Training: Jenifer Persing (510) 217-4753 Associate Director of Training: Zoe Collins (510) 217-4709
	California Institute of Integral Studies 1453 Mission St. San Francisco, CA. 94103 Director of Training: Andrew Harlem (415) 575-6134 Assistant Director of Training: Mera Altis (415) 575-6218
	Institute of Transpersonal Psychology 1069 East Meadow Circle, Palo Alto, CA 94303 (650) 493-4430 X 254 Director of Training: Jan Fisher
	J.F.K. University 100 Ellinwood Way, Pleasant Hill, CA. 94523 (925) 969-3419 Director of Training: Haydee Montenegro
*	Pacific Graduate School of Psychology 405 Broadway, Redwood City, CA. 94063 Office of Professional Development: Luli Emmons, Vice-President (650) 421-4845 <i>Ph.D.</i> Program: contact Nico Peruzzi, Practicum Coordinator (408) 202-1521
	Pacific Graduate School of Psychology 405 Broadway, Redwood City, CA. 94063 Office of Professional Development: Luli Emmons, Vice-President (650) 421-4845 <i>Psy.D.</i> Program: contact Kristine Luce, Practicum Coordinator (650) 498-4315
*	The Wright Institute 2728 Durant Avenue, Berkeley, CA. 94704 (510) 841-9230 x 106 Director of Field Placement: Becky Pizer

I. AGENCY INFORMATION	<i>Date Completed:</i>	
Agency Name:	Kaiser Permanente, Child and Adolescent Unit - Redwood City	
Address:	1150 Veterans Blvd	
City, State, Zip:	Redwood City, CA 94063	
Phone:	650-299-4777	
Fax :	650-299-4335	
Agency Website address:	www.permanente.net	
List multiple agency programs/sites:		
Director of Training:	Amy Tsou, Psy.D / Carl Hilker, Psy.D	
Director Degree and CA License #:	Amy Tsou, Psy.D CA # 18511 Carl Hilker, Psy.D CA #21457	
Director Phone:	Amy Tsou, Psy.D – 650-299-4307 Carl Hilker Psy.D 650-299-4773	
Director email:	Amy.y.tsou@kp.org Carl.f.hilker@kp.org	
Other contact person information:		

II. PRACTICUM TRAINING PROGRAM BASICS	
A. <u>Openings</u>	Estimated
-Total Practicum Openings	3
-Total Pre-Doc Internship Level Openings	0
B. <u>Students at Agency</u>	
Number of Practicum Applicants last year	30
Number of Current Doctoral Practicum Students	4
Number of All Current Students in Training	4
Number of Current Pre-Doc Interns	0
C. <u>Practicum Dates and Times</u>	
Beginning Date	September
Ending Date	July
Number of weeks for practicum	42-48
Hours per week for practicum	20
Required days and times at agency	Tuesdays at 2pm and Thursdays at 11:30am
D. <u>Stipend:</u> Is there Stipend? If yes, amount per year?	No

***Note:** Practicum is 16- 20 hours per week. Any other arrangements must be negotiated between agency, program director of training and the individual student contracted. Minimum of 38 weeks required with maximum of 52 weeks.

III. A. AGENCY DESCRIPTION: Please describe below.

We are a Kaiser Permanente clinic in Redwood City. The practicum positions are with our child and adolescent team. The team is a multi-disciplined group made up of approximately 11 psychologists, MFTs, psychiatrists, and social workers. We work with youth of all ages, predominately 4-17, and their families. We have a strong emphasis on family-centered therapy approaches. We utilize a brief model of therapy that includes aspects of CBT, DBT, systems theory, solution-focused, and behavioral approaches. Due to the large demands from our membership, session intervals are typically every two to three weeks, with families often choosing maintenance/tune-up sessions on a monthly basis for a period of time prior to termination. Practicum students are typically expected to add 1-2 new cases per week to their caseload. Thus, a focus highlighting short-term, problem focused treatment is a necessity. However, students typically elect to carry one or two cases on a long-term basis during their training.

B. Staff Cultural & Language Diversity

Please Describe:

Staff is made up of a multi-cultural background, included Spanish speaking Latin, Persian, French, and Chinese.

C. Languages Desired:

Primarily Spanish, but Mandarin and Cantonese are also needed

Will supervision be available in those languages?

No

D. Specialty Areas: Mark an X next to all specialties that apply at agency.					
	Behavioral Medicine	*	Hospital		Psychology of Women
	Health Psychology		Community Mental Health Clinic		Disabilities
*	Psychopharmacology		Forensics	*	Gay/Lesbian
	Pediatrics		Management/Administration		Multicultural Therapy
	Infant/Parent	*	Substance Abuse Treatment		Spirituality/Psychology Integration
*	Family		Vocational/Career Development	*	Death/Dying/Bereavement
	Geropsychology	*	Psychological Assessment		Domestic Violence
	School Based	*	Neuropsychological Assessment	*	PTSD/Trauma
	College Based		Psychology of Men	*	Serious Mental Illness
*	Bilingual in treatment		Others (specify):		

E. Population: Indicate <i>estimated</i> % of clients in each category.			
%	<u>Gender</u>	%	<u>Life Cycle</u>
50	Male	10	Infants (0-4)
50	Female	45	Children (ages 5-12)
<1	Transgender:	45	Adolescents (ages 13-17)
100%	<i>Total</i>		Adults (18-64)
			Seniors (ages 65+)
	<u>Ethnic/Cultural Identity</u>	100%	<i>Total</i>
10	African American		
15	Asian American		<u>Other Identified Groups</u>
60	Euro-American	10	Gay/Lesbian:
15	Hispanic/Latin American		Disabled Population:
	Native American		International:
	<i>Other:</i>		Other:
100%	<i>Total</i>		(Note, above will not total 100%)
	<u>Populations Treated</u>		
15	Individual		<u>Functioning Level of Clients</u>
	Couples	15	Severe Dysfunction (i.e., psychotic, severe personality or substance abuse dx)
70	Families	70	Moderate Dysfunction (i.e., moderate personality dx, anxiety, depression)
15	Groups	15	Mild Dysfunction (i.e., adjustment dx, transitions, growth)
100%	<i>Total</i>	100%	<i>Total</i>
► Others notes about populations:			

IV. PRACTICUM TRAINEE RESPONSIBILITIES AND FUNCTIONS

A. Treatment Modalities performed by student: (Mark X in all that apply.)

*	Individual Therapy	*	Crisis Intervention
	Couples Therapy	*	Brief Therapy
*	Family Therapy	*	Long Term Therapy
*	Group Therapy	*	Psychological Assessment
	Community Intervention	*	Neuropsychological Assessment
*	Consultation/Liaison	*	Advocacy/Case Management
	Others (specify):		

► Describe practicum trainee duties and responsibilities:

Individual and family treatment. Multiple group therapy opportunities. Weekly hospital rounds with Staff neuropsychologist, therapeutic management of recently hospitalized youth as part of caseload – who are being treated in Unit's Teen Intensive Outpatient Program.

V. ASSESSMENT and PSYCHOLOGICAL TESTING

A. Assessment Overview

Will trainee have opportunity for assessment/testing experiences?	Yes, if they apply for such a track for part of their rotation
Is there additional supervision/training for assessment/testing?	Yes, by a licensed Neuropsychologist
Percentage of practicum time allotted for providing assessment services:	50, assuming enrollment in the testing track
Estimate of average # of Test Batteries completed per year:	4-9

B. Assessment Modalities performed by student: (Mark X next to all that apply.)

*	Projective	*	Intelligence
*	Personality	*	Neuropsychological Applicants must have related classwork and neuropsych testing experience
*	Academic		Vocational

Other:
<p>Describe the Assessment Program: For accepted applicants, one half of their practicum experience will be devoted to neuropsychological testing of children and adolescents. These will be full assessment batteries, which may include a range of psychodiagnostic tests as well as academic/achievement testing for learning differences. Weekly supervision will occur under a licensed pediatric neuropsychologist.</p>

<p>VI. TRAINING/SUPERVISION PHILOSOPHY and OBJECTIVES Please describe and/or outline below:</p> <p>Practicum trainees receive one hour of individual supervision and one hour of group supervision. Supervision is integrative in theory, grounded in Kaiser's Best Practices model, and problem-focused as it pertains to clients' presenting symptoms. Additionally, practicum trainees may attend weekly hospital grand rounds with our attending adult neuropsychologist.</p>
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<p>B. Supervisor Licenses: Please note the number of supervisors with the following licenses.</p>			
*	*Licensed Psychologists (PsyD/PhD/EdD) 4 licensed psychologists		MFT
	*Psychiatrists		LCSW
	Other:		
<p>*Note: Primary Supervisor must be a licensed provider at the doctoral level of training. Primary Supervisor may be individual or group supervisor & must sign or co-sign evaluation forms for students.</p>			

C. Supervision and Training	Hours per week
Individual Supervision	1
Group Case Consultation	1
Didactic Training	
Other: hospital grand rounds	1
Total hours Training/Supervision	3

<p>D. Methods of Supervision: (Mark X next to all that apply.)</p>			
	Live Observation		Process Notes
	One Way Mirror	*	Case Reviews and Discussion
	Videotapes Review		Audiotape Review
	<p>Other: Supervisors and students sometimes co-facilitate therapy sessions and all groups are co-facilitated by a licensed staff member.</p>		

E. Theoretical Orientations of the Supervising Staff (check all that apply)			
	Biopsychosocial		Jungian
*	Cognitive Behavioral	*	Narrative
*	Family Systems		Psychosocial Rehabilitation
	Feminist		Psychodynamic/analytic
	Humanistic/Existential		Transpersonal
*	Integrative		Recovery Based Model
	Social Justice	Others(specify):	
<p>► Comments on theoretical orientation: Kaiser Best Practice models are utilized when indicated. Solution-focused and behavioral modification are also utilized</p>			

F. Training Emphasis Areas: Please fill out the following classifications below to assist us in differentiating practicum placements. Indicate with “X” areas where <i>substantial</i> training program and experience exists such that it would qualify for graduate program practicum in these training emphasis areas.			
*	Community/Multicultural	*	Cognitive Behavioral
	Health Psychology	*	Assessment
	Forensic Psychology		Geriatric
*	Family/Child		Gender
	Psychodynamic		Not Applicable
	Others (specify): Crisis management for high risk teens		

G. Evidenced Based Treatment	Yes	No
Are evidence-based treatments utilized?	*	
Please provide a brief description: Kaiser develops protocols referred to as “Best Practices”. These manuals are available for review and implementation for many presenting sx's for use in individual therapy, as well as in group treatments.		

VII. PRACTICUM APPLICATION PROCESS FOR STUDENTS	
Application Deadline:	February 12, 2009
Selection Date Estimate:	April 14, 2009
Standard required materials	Vita, Letter of Intent, 3 Letters of Recommendation
Agency specific materials:	
Preferred Experience:	Due to intensity and pace of work at this location, second year practicum students preferred, but not required.
Preferred Coursework:	Prior neuropsych class work/experience required for application to joint neuropsych/therapy track.
Interview Process: (keep those that apply, erase rest)	Group Interview, Role Play, Case Presentation, Vignettes
Other application/interview information:	For applicants interested in neuropsych assessment, please also submit a prior assessment battery for review. Take appropriate measures to ensure confidentiality of personal information.

VIII. Verifying Information: I verify that the above information is current and accurate.	
Date:	01/15/09
Directors Name:	Carl Hilker, Psy.D.