

BAPIC

(Bay Area Practicum Information Collaborative)

Practicum Information Form: (rev 12.18.08)

Our agency will accept applicants from the following psychology doctoral graduate programs (mark with an X in box next to school name below):

East County Child and Adolescent Mental Health

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| X | Alliant International University California School of Professional Psychology, S.F. One Beach St., San Francisco, CA.94133 (415) 955-2076 Director of Training: Randall Wyatt |
| X | Argosy University American School of Professional Psychology 1005 Atlantic Ave, Alameda CA. 94501 Director of Training: Jenifer Persing (510) 217-4753 Associate Director of Training: Zoe Collins (510) 217-4709 |
| X | California Institute of Integral Studies 1453 Mission St. San Francisco, CA. 94103 Director of Training: Andrew Harlem (415) 575-6134 Assistant Director of Training: Mera Altis (415) 575-6218 |
| X | Institute of Transpersonal Psychology 1069 East Meadow Circle, Palo Alto, CA 94303 (650) 493-4430 X 254 Director of Training: Jan Fisher |
| X | J.F.K. University 100 Ellinwood Way, Pleasant Hill, CA. 94523 (925) 969-3419 Director of Training: Haydee Montenegro |
| X | Pacific Graduate School of Psychology 405 Broadway, Redwood City, CA. 94063 Office of Professional Development: Luli Emmons, Vice-President (650) 421-4845 <i>Ph.D.</i> Program: contact Nico Peruzzi, Practicum Coordinator (408) 202-1521 |
| X | Pacific Graduate School of Psychology 405 Broadway, Redwood City, CA. 94063 Office of Professional Development: Luli Emmons, Vice-President (650) 421-4845 <i>Psy.D.</i> Program: contact Kristine Luce, Practicum Coordinator (650) 498-4315 |
| X | The Wright Institute 2728 Durant Avenue, Berkeley, CA. 94704 (510) 841-9230 x 106 Director of Field Placement: Becky Pizer |

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| I. AGENCY INFORMATION | <i>Date Completed:</i> 1-2-09 |
| Agency Name: | East County Child and Adolescent Mental Health |
| Address: | 3501 Lonetree way |
| City, State, Zip: | Antioch, Ca 94509 |
| Phone: | 925-427-8664 CELL: 209-217-8879 |
| Fax : | 925-427-8645 |
| Agency Website address: | pwilliams@hsd.cccounty.us |
| List multiple agency programs/sites: | |
| Director of Training: | Dr. Paula Williams |
| Director Degree and CA License #: | Psy.D Psy 19280 |
| Director Phone: | 925-427-8664 office 209-271-8879 cell |
| Director email: | psydmt@hotmail.com |
| Other contact person information: | Eileen Brooks, Program Manager |

| II. PRACTICUM TRAINING PROGRAM BASICS | |
|--|-------------------|
| A. <u>Openings</u> | Estimated |
| -Total Practicum Openings | 4 |
| -Total Pre-Doc Internship Level Openings | |
| B. <u>Students at Agency</u> | |
| Number of Practicum Applicants last year | 35 |
| Number of Current Doctoral Practicum Students | 4 |
| Number of All Current Students in Training | 4 |
| Number of Current Pre-Doc Interns | 0 |
| C. <u>Practicum Dates and Times</u> | |
| Beginning Date | 8-25-09 |
| Ending Date | 6-9-10 |
| Number of weeks for practicum | 38+ |
| Hours per week for practicum | 16-20 |
| Required days and times at agency | Tuesday 10:30-3pm |
| D. <u>Stipend</u>: Is there Stipend? If yes, amount per year? | 5,000+ |

***Note:** Practicum is 16- 20 hours per week. Any other arrangements must be negotiated between agency, program director of training and the individual student contracted. Minimum of 38 weeks required with maximum of 52 weeks.

| III. A. AGENCY DESCRIPTION: Please describe below. |
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| East County Child and Adolescent Mental Health is one of three regional clinics of Contra Costa County Health Services. We provide services to low income families who reside in the Eastern region of the county including Bay Point, Pittsburg, Antioch, Brentwood, and Byron among other cities. Services are provided in the clinic as well as in the schools. |

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| <p>B. Staff Cultural & Language Diversity Please Describe: Our staff has a number of cultural and language diverse therapists and support staff, i.e. Hispanics, African, Caucasians, and African-Americans</p> |
| <p>C. Languages Desired: SPANISH</p> <p>Will supervision be available in those languages? YES</p> |

| D. Specialty Areas: Mark an X next to all specialties that apply at agency. | | | | |
|--|------------------------|---|--------------------------------|-------------------------------------|
| X | Behavioral Medicine | | Hospital | Psychology of Women |
| | Health Psychology | x | Community Mental Health Clinic | Disabilities |
| X | Psychopharmacology | | Forensics | Gay/Lesbian |
| | Pediatrics | | Management/Administration | X Multicultural Therapy |
| | Infant/Parent | X | Substance Abuse Treatment | Spirituality/Psychology Integration |
| X | Family | | Vocational/Career Development | Death/Dying/Bereavement |
| | Geropsychology | X | Psychological Assessment | X Domestic Violence |
| X | School Based | | Neuropsychological Assessment | X PTSD/Trauma |
| | College Based | | Psychology of Men | X Serious Mental Illness |
| x | Bilingual in treatment | | Others (specify): | |

E. Population: Indicate *estimated* % of clients in each category.

| % | <u>Gender</u> | % | <u>Life Cycle</u> |
|----------|--|----------|--|
| | Male | 0 | Infants (0-4) |
| | Female | 45 | Children (ages 5-12) |
| | Transgender: | 55 | Adolescents (ages 13-17) |
| 100% | <i>Total</i> | 0 | Adults (18-64) |
| | | 0 | Seniors (ages 65+) |
| | <u>Ethnic/Cultural Identity</u> | 100% | <i>Total</i> |
| 35 | African American | | |
| 1 | Asian American | | <u>Other Identified Groups</u> |
| 35 | Euro-American | 1 | Gay/Lesbian: |
| 27 | Hispanic/Latin American | 1 | Disabled Population: |
| 0 | Native American | | International: |
| | <i>Other:</i> | | Other: |
| 100% | <i>Total</i> | | (Note, above will not total 100%) |
| | <u>Populations Treated</u> | | |
| 75 | Individual | | <u>Functioning Level of Clients</u> |
| 0 | Couples | 55 | Severe Dysfunction (i.e., psychotic, severe personality or substance abuse dx) |
| 20 | Families | 40 | Moderate Dysfunction (i.e., moderate personality dx, anxiety, depression) |
| 5 | Groups | 5 | Mild Dysfunction (i.e., adjustment dx, transitions, growth) |
| 100% | <i>Total</i> | 100% | <i>Total</i> |

► **Others notes about populations:**

Contra Costa County admits moderate to severe dysfunctions. Mild mental health issues are referred to ACCESS.

IV. PRACTICUM TRAINEE RESPONSIBILITIES AND FUNCTIONS

A. Treatment Modalities performed by student: (Mark X in all that apply.)

| | | | |
|---|------------------------|---|-------------------------------|
| X | Individual Therapy | X | Crisis Intervention |
| 0 | Couples Therapy | X | Brief Therapy |
| X | Family Therapy | X | Long Term Therapy |
| X | Group Therapy | X | Psychological Assessment |
| X | Community Intervention | | Neuropsychological Assessment |
| X | Consultation/Liaison | X | Advocacy/Case Management |
| | Others (specify): | | |

► Describe practicum trainee duties and responsibilities:

Trainee duties will be involved in providing individual, family, group therapy, psychological testing, intake assessment, case management and collaboration with other agencies (cps, juvenile hall, social services). They will also be assigned a day to be officer of the day to respond to crisis phone calls.

V. ASSESSMENT and PSYCHOLOGICAL TESTING

A. Assessment Overview

| | |
|--|-----|
| Will trainee have opportunity for assessment/testing experiences? | YES |
| Is there additional supervision/training for assessment/testing? | YES |
| Percentage of practicum time allotted for providing assessment services: | 10 |
| Estimate of average # of Test Batteries completed per year: | 2-3 |

B. Assessment Modalities performed by student: (Mark X next to all that apply.)

| | | | |
|--|-------------|--|--------------------|
| | Projective | | Intelligence |
| | Personality | | Neuropsychological |
| | Academic | | Vocational |
| | Other: | | |

Describe the Assessment Program:

VI. TRAINING/SUPERVISION PHILOSOPHY and OBJECTIVES

Please describe and/or outline below:

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B. Supervisor Licenses: Please note the number of supervisors with the following licenses.

| | | | |
|---|--|---|------|
| 2 | *Licensed Psychologists (PsyD/PhD/EdD) | 3 | MFT |
| 0 | *Psychiatrists | 0 | LCSW |
| | Other: | | |

***Note:** Primary Supervisor must be a licensed provider at the doctoral level of training. Primary Supervisor may be individual or group supervisor & must sign or co-sign evaluation forms for students.

| C. Supervision and Training | Hours per week |
|---|-----------------------|
| Individual Supervision | 1 |
| Group Case Consultation | 2 |
| Didactic Training | 1 ½ - 2 |
| Other: | |
| Total hours Training/Supervision | 5 |

D. Methods of Supervision: (Mark X next to all that apply.)

| | | | |
|---|-------------------|---|-----------------------------|
| X | Live Observation | X | Process Notes |
| | One Way Mirror | x | Case Reviews and Discussion |
| | Videotapes Review | | Audiotape Review |
| | Other: | | |

| E. Theoretical Orientations of the Supervising Staff (check all that apply) | | | |
|---|------------------------|---|-----------------------------------|
| | Biopsychosocial | | Jungian |
| X | Cognitive Behavioral | X | Narrative |
| X | Family Systems | | Psychosocial Rehabilitation |
| | Feminist | X | Psychodynamic/analytic |
| | Humanistic/Existential | | Transpersonal |
| | Integrative | | Recovery Based Model |
| | Social Justice | x | Others(specify): solution focused |
| <p>► Comments on theoretical orientation: East County does not have a preference regarding theoretical orientation. We have a number of supervisors that have their own theory preference. What usually works with out families is the cognitive behavioral techniques, but we are open to all theories. “Whatever Works”</p> | | | |

| F. Training Emphasis Areas: Please fill out the following classifications below to assist us in differentiating practicum placements. Indicate with “X” areas where <i>substantial</i> training program and experience exists such that it would qualify for graduate program practicum in these training emphasis areas. | | | |
|--|-------------------------|---|----------------------|
| X | Community/Multicultural | X | Cognitive Behavioral |
| | Health Psychology | | Assessment |
| | Forensic Psychology | | Geriatric |
| X | Family/Child | | Gender |
| x | Psychodynamic | | Not Applicable |
| | Others (specify): | | |
| <p>► Please add specific information regarding all Emphasis Area(s) you checked: East County has cultural trainings. Specific therapist train in their areas of specialty, i.e. cognitive behavioral, EMDR, etc. We are a child and adolescent clinic we train on various family/child issues, i.e. trauma, drug addiction, PTSD, child abuse, family issues, and how to work with resistant children and families. We also visit a number of sites, i.e. juvenile hall, Byron’s Boys Ranch, Chris Adams Center fir Girls, PES and outside training, i.e. Sandtray.Jungian therapy. A monthly county training is included for all students.</p> | | | |

| G. Evidenced Based Treatment | Yes | No |
|---|-----|----|
| Are evidence-based treatments utilized? | x | |

Please provide a brief description:

East County has clinicians trained using the Wrap-around Program with families and the Parent Project Parenting class is an on-going group.

VII. PRACTICUM APPLICATION PROCESS FOR STUDENTS

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| Application Deadline: | February 6, 2009 |
| Selection Date Estimate: | April 14, 2009 |
| Standard required materials | Vita, Letter of Intent, 3 Letters of Recommendation |
| Agency specific materials: | |
| Preferred Experience: | Some experience with children, adolescent and families. In our setting it is important to be flexible, to have a positive attitude and a willingness to work with other agencies and other staff members. |
| Preferred Coursework: | LEGAL and ETHICAL/CHILD ABUSE REPORTING PSYCHOLOGICAL ASSESSMENT IF THEY WANT TO TEST |
| Interview Process: (keep those that apply, erase rest)- | 1-2 person interview with Vignette |
| Other application/interview information: | |

VIII. Verifying Information: I verify that the above information is current and accurate.

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| Date: | 1-2-09 |
| Directors Name: | PAULA WILLIAMS, PsyD |
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