

BAPIC

(Bay Area Practicum Information Collaborative)

Practicum Information Form: (rev 11.3.08)

Our agency will accept applicants from the following psychology doctoral graduate programs (mark with an X in box next to school name below):

Community Institute for Psychotherapy (CIP)

X	Alliant International University California School of Professional Psychology, S.F. One Beach St., San Francisco, CA.94133 (415) 955-2076 Director of Training: Randall Wyatt
X	Argosy University American School of Professional Psychology 1005 Atlantic Ave, Alameda CA. 94501 Director of Training: Jenifer Persing (510) 217-4753 Associate Director of Training: Zoe Collins (510) 217-4709
X	California Institute of Integral Studies 1453 Mission St. San Francisco, CA. 94103 (415) 575-6117 Director of Training: Mera Atlis
X	Institute of Transpersonal Psychology 1069 East Meadow Circle, Palo Alto, CA 94303 (650) 493-4430 X 254 Director of Training: Jan Fisher
X	J.F.K. University 100 Ellinwood Way, Pleasant Hill, CA. 94523 (925) 969-3485 Director of Training: Haydee Montenegro
X	Pacific Graduate School of Psychology 405 Broadway, Redwood City, CA. 94063 Office of Professional Development: Luli Emmons, Vice-President (650) 421-4845 Ph.D. Program: contact Nico Peruzzi, Practicum Coordinator (408) 202-1521
X	Pacific Graduate School of Psychology 405 Broadway, Redwood City, CA. 94063 Office of Professional Development: Luli Emmons, Vice-President (650) 421-4845 Psy.D. Program: contact Kristine Luce, Practicum Coordinator (650) 498-4315
X	The Wright Institute 2728 Durant Avenue, Berkeley, CA. 94704 (510) 841-9230 x 106 Director of Field Placement: Becky Pizer

I. AGENCY INFORMATION	<i>Date Completed:</i>	11-6-08
Agency Name:	Community Institute for Psychotherapy (CIP)	
Address:	1330 Lincoln Ave, Suite 201	
City, State, Zip:	San Rafael, CA 94903	
Phone:	415-459-5999	
Fax :	415-459-5602	
Agency Website address:	www.cipmarin.org	
List multiple agency programs/sites:		
Director of Training:	Paula Sitelman, PsyD	
Director Degree and CA License #:	PsyD Psy 9569	
Director Phone:	415-459-5999 x 301	
Director email:	psitelmancip@aol.com	
Other contact person information:	Robin Joy Berenson, PhD, MFT (Executive Director) 415-459-5999 x 100 rjberensoncip@aol.com	

II. PRACTICUM TRAINING PROGRAM BASICS	
A. <u>Openings</u>	Estimated
-Total Practicum Openings	4-6
-Total Pre-Doc Internship Level Openings	4
B. <u>Students at Agency</u>	
Number of Practicum Applicants last year	?
Number of Current Doctoral Practicum Students	3
Number of All Current Students in Training	21
Number of Current Pre-Doc Interns	7
C. <u>Practicum Dates and Times</u>	
Beginning Date	September 2
Ending Date	August 31
Number of weeks for practicum	52 (with 4 weeks off)
Hours per week for practicum	16-20 hours/week
Required days and times at agency	Wednesdays 9 – 11:30, Fridays 9 – 1:45
D. <u>Stipend</u>: Is there Stipend? If yes, amount per year?	no

***Note:** Practicum is 16 - 20 hours per week. Any other arrangements must be negotiated between agency, program director of training and the individual student contracted. Minimum of 38 weeks required with maximum of 52 weeks.

III. A. AGENCY DESCRIPTION: Please describe below.

Community Institute for Psychotherapy (CIP) is a nonprofit, tax exempt agency founded in 1977 to provide high quality, low-fee mental health services for individuals and families who don't have the resources to pay full fees for professional help. CIP offers a broad range of counseling services designed to meet a variety of needs. At CIP we believe that through psychotherapy, training, education, and prevention, we play a vital role in personal and global change. We believe that the healing of the individual and the healing of the planet are inseparable.

CIP offers rigorous clinical internships for graduate students in psychology, social work, and counseling. Each year, we have a total of 22 to 24 interns (pursuing their PhD, PsyD, MFT, or LCSW). Our training and supervision provides exceptional opportunities for individuals interested in working in a community-based environment with a diverse population and a wide range of issues. We promote service as a means to reinforce positive values and to help build strong, resilient families, schools, and communities. We offer a flexible work environment that honors cultural differences and promotes an atmosphere of continuous learning.

CIP offers a two-year, part-time practicum and pre-doc internship to applicants from schools affiliated with CAPIC who possess a solid, basic understanding of the primary concepts of psychodynamic theory. Individual supervision, group supervision, and advance seminars form the core of the program. All work focuses on deepening the intern's theoretical understanding of case material and translating that understanding into practical, effective interventions with clients. Because of the nature of the work, we require that individuals be able to make a **two-year (half-time)** commitment and strongly recommend each intern be in personal psychotherapy with a licensed psychodynamically oriented clinician.

B. Staff Cultural & Language Diversity

Please Describe:

There is cultural and language diversity among staff and interns each year. We welcome all ages, backgrounds, religions, and sexual orientations.

C. Languages Desired:

English and Spanish

Will supervision be available in those languages?

Yes

D. Specialty Areas: Mark an X next to all specialties that apply at agency.					
	Behavioral Medicine		Hospital	X	Psychology of Women
	Health Psychology	X	Community Mental Health Clinic		Disabilities
	Psychopharmacology		Forensics	X	Gay/Lesbian
	Pediatrics		Management/Administration	X	Multicultural Therapy
	Infant/Parent	X	Substance Abuse Treatment	X	Spirituality/Psychology Integration
X	Family		Vocational/Career Development	X	Death/Dying/Bereavement
	Geropsychology	X	Psychological Assessment	X	Domestic Violence
X	School Based		Neuropsychological Assessment	X	PTSD/Trauma
	College Based		Psychology of Men	X	Serious Mental Illness
X	Bilingual in treatment		Others (specify): see Summary of Services		

E. Population: Indicate *estimated* % of clients in each category.

%	<u>Gender</u>	%	<u>Life Cycle</u>
45	Male	0	Infants (0-4)
55	Female	7	Children (ages 5-12)
	Transgender:	17	Adolescents (ages 13-17)
100%	<i>Total</i>	70	Adults (18-64)
		6	Seniors (ages 65+)
	<u>Ethnic/Cultural Identity</u>	100%	<i>Total</i>
6	African American		
3	Asian American		<u>Other Identified Groups</u>
66	Euro-American		Gay/Lesbian: yes
16	Hispanic/Latin American		Disabled Population: Developmentally Disabled, Wheelchair access
1	Native American		International:
8	<i>Other:</i>		Other:
100%	<i>Total</i>		(Note, above will not total 100%)
	<u>Populations Treated</u>		
80	Individual		<u>Functioning Level of Clients</u>
5	Couples	20	Severe Dysfunction (i.e., psychotic, severe personality or substance abuse dx)
10	Families	60	Moderate Dysfunction (i.e., moderate personality dx, anxiety, depression)
5	Groups	20	Mild Dysfunction (i.e., adjustment dx, transitions, growth)
100%	<i>Total</i>	100%	<i>Total</i>

► **Others notes about populations:** To network our services with other professionals and agencies in the community, and to further develop and expand a model of recovery and wellness by which mental health professionals can respond to community needs.

IV. PRACTICUM TRAINEE RESPONSIBILITIES AND FUNCTIONS

A. Treatment Modalities performed by student: (Mark X in all that apply.)

X	Individual Therapy	X	Crisis Intervention
X	Couples Therapy	X	Brief Therapy
X	Family Therapy	X	Long Term Therapy
X	Group Therapy	X	Psychological Assessment
	Community Intervention		Neuropsychological Assessment
	Consultation/Liaison		Advocacy/Case Management
	Others (specify):		

► Describe practicum trainee duties and responsibilities:

Practicum Trainees will establish and maintain a case load of clients (this is combination of on-site and off-site program). Year 1 Practicum – 6 client hours/week and Year 2 Practicum – 8 client hours/week. Student will attend individual and group supervision, training, community meetings, and participate in agency tasks.

Most of the clinical work takes place on-site at CIP. However, in addition, CIP works in collaboration with other established Marin service organizations to more effectively meet the needs of vulnerable populations. Trainees provide services at Canal Alliance, Helen Vine Detox, Ritter Center and various Schools (elementary, middle and high schools).

V. ASSESSMENT and PSYCHOLOGICAL TESTING

A. Assessment Overview

Will trainee have opportunity for assessment/testing experiences?	PreDoc Interns do full batteries
Is there additional supervision/training for assessment/testing?	Yes
Percentage of practicum time allotted for providing assessment services:	
Estimate of average # of Test Batteries completed per year:	1-2 depending on interest

B. Assessment Modalities performed by student: (Mark X next to all that apply.)			
X	Projective	X	Intelligence
X	Personality		Neuropsychological
	Academic		Vocational
	Other:		
<p>► Describe the Assessment Program: Community Institute for Psychotherapy offers psychological testing at sliding scale fees for use as an adjunct therapeutic tool for understanding adult individuals in ongoing psychotherapy with CIP Intern-Therapists or with therapists in the community. We maintain that thoughtfully conceived, culturally sensitive, skillfully administered and carefully interpreted psychological testing provides clients and their therapists with a valid and valuable means to learn about aspects of themselves, their thinking, feeling, perception, level of psychological development, adaptation and potentials that may not be understood through psychotherapy alone. Testing includes: WAIS-III, MMPI-2, Rorschach, TAT, Bender Gestalt, Drawings, Rotter Incomplete Sentences, Trailmaking</p>			

B. Supervisor Licenses: Please note the number of supervisors with the following licenses.			
31	*Licensed Psychologists (PsyD/PhD/EdD)	26	MFT
1	*Psychiatrists	7	LCSW
	Other:		
<p>*Note: Primary Supervisor must be a licensed provider at the doctoral level of training. Primary Supervisor may be individual or group supervisor & must sign or co-sign evaluation forms for students.</p>			

C. Supervision and Training	Hours per week
Individual Supervision	Year 1 Practicum 1 hour; Year 2 Practicum 2 hours
Group Case Consultation	2
Didactic Training	4
Other:	
Total hours Training/Supervision	7 - 8

D. Methods of Supervision: (Mark X next to all that apply.)			
	Live Observation	X	Process Notes
	One Way Mirror	X	Case Reviews and Discussion
	Videotapes Review	X	Audiotape Review
	Other: The methods by which supervision will be performed will include individual and group supervision. Interns will write progress notes weekly and provide two transcripts to supervisors (one each/one each semester). The individual supervisor will review at least one audio taped session each month. In addition, the intern/trainee may be required write process notes of some sessions. Role-playing may be used in supervision, and additional readings may be assigned. Interns will provide their own taping equipment.		

E. Theoretical Orientations of the Supervising Staff (check all that apply)			
	Biopsychosocial	X	Jungian
X	Cognitive Behavioral	X	Narrative
X	Family Systems		Psychosocial Rehabilitation
X	Feminist	XX	Psychodynamic/analytic
X	Humanistic/Existential	X	Transpersonal
X	Integrative	X	Recovery Based Model
	Social Justice		Others(specify):
<p>► Comments on theoretical orientation: Our training and supervision provides exceptional opportunities for individuals interested in working in a community-based environment with a diverse population and a wide range of issues. Our program is psychodynamically based, incorporating trainings from Object Relations, Jungian, Mastersonian, Control Mastery, Self Psychology, Kleinian, and British Middle School points of view. In addition, interns receive training and experience with short term treatment modalities.</p>			

F. Training Emphasis Areas: Please fill out the following classifications below to assist us in differentiating practicum placements. Indicate with “X” areas where *substantial* training program and experience exists such that it would qualify for graduate program practicum in these training emphasis areas.

	Community/Multicultural	X	Cognitive Behavioral
	Health Psychology		Assessment
	Forensic Psychology		Geriatric
X	Family/Child		Gender
XX	Psychodynamic		Not Applicable
	Others (specify):		

► Please add specific information regarding all Emphasis Area(s) you checked: CIP’s program for is geared for individuals interested in learning to conduct long-term psychodynamically informed psychotherapy. Our program is psychodynamically based, incorporating trainings from Object Relations, Jungian, Mastersonian, Control Mastery, Self Psychology, Kleinian, and British Middle School points of view. In addition, interns receive training and experience with short-term treatment modalities and family systems.

Students will vary their focus from one year to the next to ensure broad experience.

G. Evidenced Based Treatment

	Yes	No
Are evidence- based treatments utilized?	X	

Please provide a brief description: We believe that careful assessment of each client’s problems, effective and efficient diagnosis, comparisons of interventions, and relying on patient report and assessing outcome in an ongoing way are essential to good practice. We offer proven interventions, strive for solid therapeutic relationships and a shared expectation with the client for a positive outcome. Supervision and training together focus on deepening Interns’ theoretical understanding of case material and translating that understanding into practical, effective interventions with clients. We work from a psychodynamic framework and include interventions from Interpersonal therapy, Behavior therapy, CBT and medication as needed for depression, cognitive therapy for panic, CBT for generalized anxiety disorder, emotionally focused couples therapy, and family education. We know that individually tailored interventions can be as much as 100% more effective than standardized ones. We also strive to help each client have a therapist who they will feel is a good fit. Each year we accept a wide range of intern therapists who vary in age, sexual orientation, diversity (race and class) and experience.

VII. PRACTICUM APPLICATION PROCESS FOR STUDENTS	
Application Deadline:	February 6, 2009
Selection Date Estimate:	April 14, 2009
Standard required materials	Vita, Letter of Intent, 3 Letters of Recommendation
Agency specific materials:	Brief personal statement describing your motivation for training in our program.
Preferred Experience:	
Preferred Coursework:	
Interview Process: (keep those that apply, erase rest)	Individual Interview, Group Interview, Role Play, Case Presentation, Vignettes
Other application/interview information:	

VIII. Verifying Information: I verify that the above information is current and accurate.	
Date:	11-11-08
Directors Name:	Paula Sitelman, PsyD