

# BAPIC

(Bay Area Practicum Information Collaborative)

## Practicum Information Form: (rev 11.3.08)

Our agency will accept applicants from the following psychology doctoral graduate programs (mark with an X in box next to school name below):

### City of Fremont Youth and Family Services

<b>X</b>	<b>Alliant International University</b> California School of Professional Psychology, S.F. One Beach St., San Francisco, CA.94133 (415) 955-2076 Director of Training: Randall Wyatt
<b>X</b>	<b>Argosy University</b> American School of Professional Psychology 1005 Atlantic Ave, Alameda CA. 94501 Director of Training: Jenifer Persing (510) 217-4753 Associate Director of Training: Zoe Collins (510) 217-4709
<b>X</b>	<b>California Institute of Integral Studies</b> 1453 Mission St. San Francisco, CA. 94103 (415) 575-6117 Director of Training: Mera Atlis
<b>X</b>	<b>Institute of Transpersonal Psychology</b> 1069 East Meadow Circle, Palo Alto, CA 94303 (650) 493-4430 X 254 Director of Training: Jan Fisher
<b>X</b>	<b>J.F.K. University</b> 100 Ellinwood Way, Pleasant Hill, CA. 94523 (925) 969-3485 Director of Training: Haydee Montenegro
<b>X</b>	<b>Pacific Graduate School of Psychology</b> 405 Broadway, Redwood City, CA. 94063 Office of Professional Development: Luli Emmons, Vice-President (650) 421-4845 Ph.D. Program: contact Nico Peruzzi, Practicum Coordinator (408) 202-1521
<b>X</b>	<b>Pacific Graduate School of Psychology</b> 405 Broadway, Redwood City, CA. 94063 Office of Professional Development: Luli Emmons, Vice-President (650) 421-4845 Psy.D. Program: contact Kristine Luce, Practicum Coordinator (650) 498-4315
<b>X</b>	<b>The Wright Institute</b> 2728 Durant Avenue, Berkeley, CA. 94704 (510) 841-9230 x 106 Director of Field Placement: Becky Pizer

<b>I. AGENCY INFORMATION</b>	<i>Date Completed:</i>	11/14/08
Agency Name:	<b>City of Fremont Youth and Family Services</b>	
Address:	39155 Liberty St., Suite E500 P.O. Box 5006	
City, State, Zip:	Fremont, CA 94537-5006	
Phone:	510-574-2100	
Fax :	510-574-2105	
Agency Website address:	<a href="http://www.fremont.gov/Community/Parents/YFS.htm">http://www.fremont.gov/Community/Parents/YFS.htm</a>	
List multiple agency programs/sites:	Services are provided at the Clinic (see address above), Fremont Police Dept, various school sites, and home visits	
Director of Training:	<b>Lisa Gioia, MFT &amp; Laurie Linscheid, MFT</b>	
Director Degree and CA License #:	Lisa Gioia: M.S., MFT #: MFC17824 Laurie Linscheid: M.S., MFT#: MFC38863	
Director Phone:	Lisa Gioia: 510-574-2111 Laurie Linscheid: 510-574-2114	
Director email:	Lisa Gioia: <a href="mailto:lgioia@ci.fremont.ca.us">lgioia@ci.fremont.ca.us</a> Laurie Linscheid: <a href="mailto:llinscheid@ci.fremont.ca.us">llinscheid@ci.fremont.ca.us</a>	
Other contact person information:		

<b>II. PRACTICUM TRAINING PROGRAM BASICS</b>	
<b>A. <u>Openings</u></b>	<b>Estimated</b>
<b>-Total Practicum Openings</b>	<b>4</b>
<b>-Total Pre-Doc Internship Level Openings</b>	0
<b>B. <u>Students at Agency</u></b>	
Number of Practicum Applicants last year	4
Number of Current Doctoral Practicum Students	4
Number of All Current Students in Training	24
Number of Current Pre-Doc Interns	0
<b>C. <u>Practicum Dates and Times</u></b>	
Beginning Date	Last week of August
Ending Date	Third week of June
Number of weeks for practicum	Approx 40 weeks
Hours per week for practicum	15 - 20
<b>Required days and times</b> at agency	Wed from 9:30 to 11:30 for group supervision; once/month till 2 p.m. for training
<b>D. <u>Stipend</u>:</b> Is there Stipend? If yes, amount per year?	No

**\*Note:** Practicum is 16 - 20 hours per week. Any other arrangements must be negotiated between agency, program director of training and the individual student contracted. Minimum of 38 weeks required with maximum of 52 weeks.

### **III. A. AGENCY DESCRIPTION: Please describe below.**

For over 30 years, City of Fremont Youth and Family Services (YFS) has been providing counseling to children and their families. YFS currently provides counseling services to children (ages birth to 18) and their families at our Fremont Family Resource Center location, as well as at 21 school sites, the Fremont Police Department and through home visits. Services are made affordable through either a sliding scale fee or Alameda County MediCal. Additionally, YFS offers several Parent Education classes. YFS clinicians work collaboratively with the partner agencies at the Fremont Family Resource Center to assist families in addressing other stressors.

### **B. Staff Cultural & Language Diversity**

Please Describe: Staff clinicians include: African American (1), Hispanic/Latino (2), South Asian Indian (1), Chinese-American (1), Caucasian (9); Bi-lingual staff clinicians includes: Spanish (3) and Hindi (1). Clerical Staff includes 2 Spanish Speaking Hispanic/Latino and 1 Caucasian.

### **C. Languages Desired: Spanish, Farsi, Mandarin, Vietnamese**

**Will supervision be available in those languages? NO**

<b>D. Specialty Areas:</b> Mark an X next to all specialties that apply at agency.					
	Behavioral Medicine		Hospital		Psychology of Women
	Health Psychology	X	Community Mental Health Clinic		Disabilities
	Psychopharmacology		Forensics		Gay/Lesbian
X	Pediatrics		Management/Administration	X	Multicultural Therapy
X	Infant/Parent		Substance Abuse Treatment		Spirituality/Psychology Integration
X	Family		Vocational/Career Development		Death/Dying/Bereavement
	Geropsychology		Psychological Assessment		Domestic Violence
X	School Based		Neuropsychological Assessment		PTSD/Trauma
	College Based		Psychology of Men		Serious Mental Illness
X	Bilingual in treatment	X	Others (specify): Adolescents, Crisis Intervention, Parent Education, Play Therapy		

<b>E. Population:</b> Indicate <i>estimated</i> % of clients in each category.			
<b>%</b>	<b><u>Gender</u></b>	<b>%</b>	<b><u>Life Cycle</u></b>
50	Male	7	Infants (0-4)
50	Female	32	Children (ages 5-12)
	Transgender:	53	Adolescents (ages 13-17)
100%	<i>Total</i>	8	Adults (18-64)
		0	Seniors (ages 65+)
	<b><u>Ethnic/Cultural Identity</u></b>	100%	<i>Total</i>
13	African American		
15	Asian American		<b><u>Other Identified Groups</u></b> ****We do not collect this data
30	Euro-American		Gay/Lesbian:
27	Hispanic/Latin American		Disabled Population:
1	Native American		International:
20	<i>Other:</i> Bi-racial/multi-racial; Afghan, Pacific-Island		Other:
100%	<i>Total</i>		(Note, above will not total 100%)
	<b><u>Populations Treated</u></b>		
58	Individual		<b><u>Functioning Level of Clients</u></b>
0	Couples	0	Severe Dysfunction (i.e., psychotic, severe personality or substance abuse dx)
29	Families	60	Moderate Dysfunction (i.e., moderate personality dx, anxiety, depression)
13	Groups	40	Mild Dysfunction (i.e., adjustment dx, transitions, growth)
100%	<i>Total</i>	100%	<i>Total</i>
<p>► <b>Others notes about populations:</b>            We have a Medi-Cal contract. Approximately 30% of our cases (at least) are low-income. Fremont is a very diverse community in terms of ethnicity and socio-economic status.</p>			

#### IV. PRACTICUM TRAINEE RESPONSIBILITIES AND FUNCTIONS

##### A. Treatment Modalities performed by student: (Mark X in all that apply.)

X	Individual Therapy (with children/adolescents)	X	Crisis Intervention
	Couples Therapy	X	Brief Therapy
X	Family Therapy	X	Long Term Therapy
X	Group Therapy		Psychological Assessment
X	Community Intervention		Neuropsychological Assessment
X	Consultation/Liaison		Advocacy/Case Management
X	Others (specify): Play Therapy		

##### ► Describe practicum trainee duties and responsibilities:

Practicum trainees will: Provide individual, group, and family counseling to children/adolescents and their families with an average of 10 hours/week of face-to-face session time; maintain clinical records including intake assessment, progress notes, treatment plans; attend weekly individual and group supervision and present cases based on rotation; participate in in-service training program and supplemental trainings as assigned by supervisor; provide crisis intervention, risk assessment, and case management as needed for assigned clients; video and/or audio record a minimum of six sessions; Optional: assist with parent education classes

#### V. ASSESSMENT and PSYCHOLOGICAL TESTING

##### A. Assessment Overview

Will trainee have opportunity for assessment/testing experiences?

No

Is there additional supervision/training for assessment/testing?

Percentage of practicum time allotted for providing assessment services:

Estimate of average # of Test Batteries completed per year:

##### B. Assessment Modalities performed by student: (Mark X next to all that apply.)

	Projective		Intelligence
	Personality		Neuropsychological
	Academic		Vocational
	Other:		

##### ► Describe the Assessment Program:

## VI. TRAINING/SUPERVISION PHILOSOPHY and OBJECTIVES

### A. Please Describe and/or Outline Below:

Our objective is to assist the student to:

- 1) develop communication skills that assist in the therapeutic process
- 2) gain an understanding of child and adolescent development and common problems/diagnoses of this age group (birth to 18)
- 3) increase their level of conceptualization about their client's issues
- 4) expand their repertoire (and creativity) of interventions
- 5) be better able to utilize therapist-self to inform their treatment
- 6) make decisions regarding modality of treatment (family therapy, parent collateral work, individual therapy, play therapy – directive versus non-directive)
- 7) learn to write informative and concise progress notes and treatment plans

Our supervision philosophy is to gain an understanding of the individual practicum student and their existing skill set, and then move them forward. We have a multi-modal approach to supervision and training to respond to the wide range of learning styles. We actively involve our practicum students in establishing their goal in both individual and group supervision and re-visit these throughout the year.

### B. Supervisor Licenses: Please note the number of supervisors with the following licenses.

2	*Licensed Psychologists (PsyD/PhD/EdD)	7	MFT
0	*Psychiatrists	1	LCSW
	Other:		

**\*Note:** Primary Supervisor must be a licensed provider at the doctoral level of training. Primary Supervisor may be individual or group supervisor & must sign or co-sign evaluation forms for students.

C. Supervision and Training	Hours per week
Individual Supervision	1
Group Case Consultation	2
Didactic Training ( <i>averaged out over course of placement</i> )	2
Other:	
<b>Total hours Training/Supervision</b>	<b>5/week</b>

### D. Methods of Supervision: (Mark X next to all that apply.)

	Live Observation		Process Notes
	One Way Mirror	X	Case Reviews and Discussion
X	Videotapes Review	X	Audiotape Review
X	Other: Review of progress notes and treatment plans; role play		

**E. Theoretical Orientations of the Supervising Staff** (check all that apply)

	Biopsychosocial		Jungian
X	Cognitive Behavioral		Narrative
X	Family Systems		Psychosocial Rehabilitation
	Feminist	X	Psychodynamic/analytic ( <i>attachment theory</i> )
	Humanistic/Existential		Transpersonal
	Integrative		Recovery Based Model
	Social Justice	Others(specify): Expressive therapy/play therapy	

► **Comments on theoretical orientation:**

Supervising staff work with trainees to help them develop their own theoretical orientation, but will also provide supervision from their own orientation.

**F. Training Emphasis Areas:** Please fill out the following classifications below to assist us in differentiating practicum placements. Indicate with “X” areas where *substantial* training program and experience exists such that it would qualify for graduate program practicum in these training emphasis areas.

X	Community/Multicultural	X	Cognitive Behavioral
	Health Psychology		Assessment
	Forensic Psychology		Geriatric
X	Family/Child		Gender
X	Psychodynamic ( <i>attachment theory</i> )		Not Applicable
	Others (specify):		

## ► Please add specific information regarding all Emphasis Area(s) you checked:

All of the training will focus on clinical issues and interventions related to work with children (ages 0 to 18) and their families. Our services are community based – with services provided at clinic, in the police department, at school sites, and with home visits – in a very culturally diverse community.

**G. Evidenced Based Treatment**

	Yes	No
Are evidence- based treatments utilized?	X	

Please provide a brief description: Depending on client, we utilize Family System Therapy and/or Cognitive Behavioral Therapy. Additionally we have specific evidenced based programs including Parent Project. We also utilize the Family Development Matrix (outcome measure) on all of our cases which demonstrates validity of the services we provide (based on measure of child education and development, socio-emotional health, family communication and pro-social behavior)

<b>VII. PRACTICUM APPLICATION PROCESS FOR STUDENTS</b>	
Application Deadline:	February 6, 2009
Selection Date Estimate:	April 14, 2009
Standard required materials	<b>Vita, Letter of Intent, 3 Letters of Recommendation</b>
Agency specific materials:	Agency Application
Preferred Experience:	Some experience with children/families (even if not clinical) is preferred but not required
Preferred Coursework:	Child Therapy, Family Therapy, Child Abuse Reporting, Law and Ethics
Interview Process: (keep those that apply, erase rest)	Individual Interview, Group Interview
Other application/interview information:	Will need to submit to fingerprinting through City of Fremont once accepted to placement

<b>VIII. Verifying Information:</b> I verify that the above information is current and accurate.	
Date:	11/24/08
Directors Name:	Clinical Supervisors: Lisa Gioia, MFT and Laurie Linscheid, MFT Program Administrator: Iris Preece