

BAPIC

(Bay Area Practicum Information Collaborative)

Practicum Information Form: (rev 11.18.08)

Our agency will accept applicants from the following psychology doctoral graduate programs (mark with an X in box next to school name below):

Alameda Family Services

X	Alliant International University California School of Professional Psychology, S.F. One Beach St., San Francisco, CA.94133 (415) 955-2076 Director of Training: Randall Wyatt
X	Argosy University American School of Professional Psychology 1005 Atlantic Ave, Alameda CA. 94501 Director of Training: Jenifer Persing (510) 217-4753 Associate Director of Training: Zoe Collins (510) 217-4709
X	California Institute of Integral Studies 1453 Mission St. San Francisco, CA. 94103 Director of Training: Andrew Harlem (415) 575-6134 Assistant Director of Training: Mera Altis (415) 575-6218
X	Institute of Transpersonal Psychology 1069 East Meadow Circle, Palo Alto, CA 94303 (650) 493-4430 X 254 Director of Training: Jan Fisher
X	J.F.K. University 100 Ellinwood Way, Pleasant Hill, CA. 94523 (925) 969-3419 Director of Training: Haydee Montenegro
X	Pacific Graduate School of Psychology 405 Broadway, Redwood City, CA. 94063 Office of Professional Development: Luli Emmons, Vice-President (650) 421-4845 Ph.D. Program: contact Nico Peruzzi, Practicum Coordinator (408) 202-1521
X	Pacific Graduate School of Psychology 405 Broadway, Redwood City, CA. 94063 Office of Professional Development: Luli Emmons, Vice-President (650) 421-4845 Psy.D. Program: contact Kristine Luce, Practicum Coordinator (650) 498-4315
X	The Wright Institute 2728 Durant Avenue, Berkeley, CA. 94704 (510) 841-9230 x 106 Director of Field Placement: Becky Pizer

I. AGENCY INFORMATION	<i>Date Completed:</i>	December 8, 2008
Agency Name:	Alameda Family Services	
Address:	2325 Clement Avenue	
City, State, Zip:	Alameda, CA 94501	
Phone:	(510) 629-6300	
Fax :	(510) 865-1930	
Agency Website address:	www.alamedafs.org	
List multiple agency programs/sites:		
Clinical Training Coordinator:	Jennifer Wu, Psy.D.	
Director Degree and CA License #:	Psy.D. RPS-2008109	
Director Phone:	(510) 337-7106	
Director email:	jwu@alamedafs.org	
Other contact person information:		

II. PRACTICUM TRAINING PROGRAM BASICS	
A. <u>Openings</u>	Estimated
-Total Practicum Openings	5
-Total Pre-Doc Internship Level Openings	5
B. <u>Students at Agency</u>	
Number of Practicum Applicants last year	90
Number of Current Doctoral Practicum Students	8
Number of All Current Students in Training	16
Number of Current Pre-Doc Interns	5
C. <u>Practicum Dates and Times</u>	
Beginning Date	August 24, 2009
Ending Date	June 18, 2010
Number of weeks for practicum	43
Hours per week for practicum	16-20
Required days and times at agency	Thurs: 9AM to 5PM, One to two evenings until 8PM.
D. <u>Stipend</u>: Is there Stipend? If yes, amount per year?	No

***Note:** Practicum is 16 - 20 hours per week. Any other arrangements must be negotiated between agency, program director of training and the individual student contracted. Minimum of 38 weeks required with maximum of 52 weeks.

III. A. AGENCY DESCRIPTION: Please describe below.

Alameda Family Services (AFS) is a non-profit community agency serving Alameda and the East Bay since 1969. The components of AFS are 1) New Parents Support, reaching out to new parents with mentoring, groups, and home visits; 2) Head Start, which provides comprehensive services to preschool children and their families; 3) School-Based Health Centers, offering medical and health educational services in the public high schools of Alameda; 4) Homeless Youth Services, serving homeless and at-risk youth with a shelter and drop-in center; 5) Counseling, which offers crisis intervention, case management, and therapy to children, families, and adults; 6) Drug and Alcohol Treatment, which provides substance abuse treatment for youth and adults, anger management, and domestic violence services; and 7) Clinical Training Program, which trains therapists from a variety of clinical programs in the Bay Area.

B. Staff Cultural & Language Diversity

Please Describe: Diversity is valued. We have a diverse clinical and training staff.

C. Languages Desired: Spanish and Asian languages

Will supervision be available in those languages? No; however, a Spanish-speaking consultant will meet with Spanish-speaking trainees (and other interested trainees) once a month.

D. Specialty Areas: Mark an X next to all specialties that apply at agency.					
	Behavioral Medicine		Hospital		Psychology of Women
	Health Psychology	x	Community Mental Health Clinic		Disabilities
	Psychopharmacology		Forensics	x	Gay/Lesbian
	Pediatrics		Management/Administration	x	Multicultural Therapy
x	Infant/Parent	x	Substance Abuse Treatment		Spirituality/Psychology Integration
x	Family		Vocational/Career Development		Death/Dying/Bereavement
	Geropsychology		Psychological Assessment (By arrangement)		Domestic Violence
x	School Based		Neuropsychological Assessment	x	PTSD/Trauma
	College Based		Psychology of Men		Serious Mental Illness
	Bilingual in treatment		Others (specify): Narrative therapy, Social Justice		

E. Population: Indicate <i>estimated</i> % of clients in each category.			
%	<u>Gender</u>	%	<u>Life Cycle</u>
35	Male	5	Infants (0-4)
60	Female	15	Children (ages 5-12)
5	Transgender:	39	Adolescents (ages 13-17)
100%	<i>Total</i>	38	Adults (18-64)
		3	Seniors (ages 65+)
	<u>Ethnic/Cultural Identity</u>	100%	<i>Total</i>
19	African American		
18	Asian American		<u>Other Identified Groups</u>
25	Euro-American	10	Gay/Lesbian:
20	Hispanic/Latin American	5	Disabled Population:
3	Native American	5	International:
15	<i>Other:</i> Bi-racial		Other:
100%	<i>Total</i>		(Note, above will not total 100%)
	<u>Populations Treated</u>		
15	Individual		<u>Functioning Level of Clients</u>
10	Couples	20	Severe Dysfunction (i.e., psychotic, severe personality or substance abuse dx)
60	Families	70	Moderate Dysfunction (i.e., moderate personality dx, anxiety, depression)
15	Groups	10	Mild Dysfunction (i.e., adjustment dx, transitions, growth)
100%	<i>Total</i>	100%	<i>Total</i>
<p>► Others notes about populations: Clients come from a wide variety of cultural and socioeconomic backgrounds.</p>			

IV. PRACTICUM TRAINEE RESPONSIBILITIES AND FUNCTIONS

A. Treatment Modalities performed by student: (Mark X in all that apply.)

x	Individual Therapy	x	Crisis Intervention
x	Couples Therapy	x	Brief Therapy
x	Family Therapy		Long Term Therapy
x	Group Therapy		Psychological Assessment (By arrangement)
x	Community Intervention		Neuropsychological Assessment
x	Consultation/Liaison		Advocacy/Case Management
	Others (specify):		

► **Describe practicum trainee duties and responsibilities:** Trainees commit to 16 hours with the possibility of up to 20 hours per week, including one to two evenings until 8pm, depending on the program. Practicum students receive one hour of individual supervision and a two-hour narrative group each week in addition to staff meeting and didactic training. Practicum trainees carry a caseload of 6-8 clients and do one or two groups during the year.

Trainees have opportunities to work in various programs at Alameda Family Services. Depending on interests, schedules, and the needs in the agency and community, trainees are able to choose amongst numerous types of clients and services. The base of the training program is the family therapy program in the Clinical Services Department, which offers brief family therapy with four to twelve no-cost sessions to the families of Alameda. Funded by the probation department, the program supports youth and families to prevent their involvement in the juvenile justice system or to facilitate their transition out of the juvenile justice system. The program provides crisis intervention and family reunification services with a focus on youth in temporary custody. In addition, trainees can work with our clinical case manager, who supports multi-stressed families to augment therapy with advocacy, referrals, and ongoing support. Other opportunities within the Clinical Services program include work with individual adults, couples, and families with younger children at our clinic site. A brief model is used for these clients as well. Individual adults can only be seen during daytime appointments because of our commitment to serving children and families. Trainees also have the opportunity to work in the following programs: school counseling programs at the middle and/or high schools, Drug and Alcohol Treatment, New Parent Support Program, Head Start, and DreamCatcher Homeless Youth Shelter.

V. ASSESSMENT and PSYCHOLOGICAL TESTING

A. Assessment Overview

Will trainee have opportunity for assessment/testing experiences?	No
Is there additional supervision/training for assessment/testing?	N/A
Percentage of practicum time allotted for providing assessment services:	N/A
Estimate of average # of Test Batteries completed per year:	N/A

B. Assessment Modalities performed by student: (Mark X next to all that apply.)			
	Projective		Intelligence
	Personality		Neuropsychological
	Academic		Vocational
	Other:		
► Describe the Assessment Program:			

VI. TRAINING/SUPERVISION PHILOSOPHY and OBJECTIVES			
A. Please Describe and/or Outline Below:			
<p>Alameda Family Services provides training for practicum students, predoctoral interns, and postdoctoral fellows. We use video, live supervision, and narrative reflecting teams in addition to more traditional individual and group supervision (for pre- and post-doctoral interns). The year begins with a three-day orientation, which includes time for practical matters, introductory didactic trainings, and a chance to become acquainted with one another. Highlights of the orientation include an interactive exercise on culture and communication, an agency-wide potluck lunch, and introductory didactics on family therapy and crisis intervention. Ongoing didactic seminars are conducted by staff members as well as outside consultants throughout the year. Overall, trainings emphasize cultural and systemic issues relevant to the community we serve.</p> <p><u>Narrative training:</u> The clinical training program features an emphasis on narrative work. We begin the year with six weeks of didactic and experiential training in narrative approaches, including some initial reflecting teams. Thereafter, trainees participate in weekly narrative groups, taking turns bringing in clients for reflecting teams. Zoy Kazan, MFT oversees the narrative training. She has been with AFS for over ten years, having worked with Michael White for numerous years prior. In addition, several of the staff participate in the narrative groups, offering didactic trainings and serving as consultants for families.</p>			
B. Supervisor Licenses: Please note the number of supervisors with the following licenses.			
5	*Licensed Psychologists (PsyD/PhD/EdD)	1	MFT
0	*Psychiatrists	0	LCSW
	Other:		
* Note: Primary Supervisor must be a licensed provider at the doctoral level of training. Primary Supervisor may be individual or group supervisor & must sign or co-sign evaluation forms for students.			

C. Supervision and Training	Hours per week
Individual Supervision	1
Group Case Consultation (Narrative Group)	2
Didactic Training	1.5 - 2
Other: Staff Meeting	1
Total hours Training/Supervision	5.5 - 6

D. Methods of Supervision: (Mark X next to all that apply.)			
x	Live Observation		Process Notes
x	One Way Mirror	x	Case Reviews and Discussion
x	Videotapes Review	x	Audiotape Review
	Other:		

E. Theoretical Orientations of the Supervising Staff (check all that apply)			
	Biopsychosocial		Jungian
	Cognitive Behavioral	x	Narrative
x	Family Systems		Psychosocial Rehabilitation
	Feminist		Psychodynamic/analytic
	Humanistic/Existential		Transpersonal
x	Integrative		Recovery Based Model
x	Social Justice		Others(specify): Post-Modern
<p>► Comments on theoretical orientation: Trainees are matched with supervisors according to training requirements, schedules, and areas of interest. Some areas of interest of supervising staff are: trauma, family therapy, multicultural issues, addiction, parenting, narrative therapy, gender issues, working collaboratively with schools, spirituality, adolescence, supporting new parents, parent-infant/child therapy, and social justice, among others.</p>			

F. Training Emphasis Areas: Please fill out the following classifications below to assist us in differentiating practicum placements. Indicate with “X” areas where *substantial* training program and experience exists such that it would qualify for graduate program practicum in these training emphasis areas.

x	Community/Multicultural		Cognitive Behavioral
	Health Psychology		Assessment
	Forensic Psychology		Geriatric
x	Family/Child		Gender
	Psychodynamic		Not Applicable
x	Others (specify): Narrative Therapy, Brief Therapy, Social Justice		

► Please add specific information regarding all Emphasis Area(s) you checked:
 A significant number of trainings are based on psychodynamic theory including trauma and attachment. Family approaches, issues of diversity, multiculturalism and community and social justice based service delivery are covered in didactic trainings and are also regularly interwoven in all training and supervision.

G. Evidenced Based Treatment	Yes	No
Are evidence- based treatments utilized?		x

Please provide a brief description: Trainees are encouraged to develop treatment plans that are evidenced based and are required to document progress in treatment.

VII. PRACTICUM APPLICATION PROCESS FOR STUDENTS	
Application Deadline:	February 6, 2009
Selection Date Estimate:	April 14, 2009
Standard required materials	Cover Letter, Vita, 2 Letters of Recommendation
Agency specific materials:	as above
Preferred Experience:	Work with children and/or adolescents; prior clinical experience preferred but not required. Multicultural experience preferred.
Preferred Coursework:	Family systems, child and /or adolescent development preferred but not mandatory.
Interview Process: (keep those that apply, erase rest)	Individual Interview
Other application/interview information:	Prospective applicant/Informational letter available. If you would like a copy, contact Training Coordinator.

VIII. Verifying Information: I verify that the above information is current and accurate.	
Date:	December 8, 2008
Training Coordinator:	Jennifer Wu, Psy.D.