

Argosy University/SF Bay Area
CCE & CEC Resources for
Case Formulation, Psychotherapy Outcomes, & Psychotherapy

Relevant resources for case formulation, outcome literature, and therapy from different perspectives. See CCE Guidelines on the ausfba.com website for more information:

Case Formulations - General

*Eells, T. (Ed), (2007). *Handbook of psychotherapy case formulation*, 2nd ed. NY: Guilford.
CCE RC 473.C37 H46 2007

(Chapters on theoretical case formulation, consult this first, as it presents some classic articles on approach to formulation in beginning of text.)

Paniagua, F., (2001). *Diagnosis in a multicultural context: A casebook for mental health professionals*. Sage. **CCE RC 455.4 E8 P36 2001 (Bookrack on Windowsill)**

Psychodynamic Therapy and Case Formulation

Berzoff, J., Flanagan, L., & Hertz, P., (2008). *Inside out and outside in: Psychodynamic clinical theory and practice in contemporary multicultural contexts*, 2nd ed. NY: Jason Aronson.
CCE RC 489.P72 B47 2008 (Bookrack on Windowsill)

Casement, P. (2002). *Learning from our mistakes: Beyond dogma in psychoanalysis and psychotherapy*. NY: Guilford. (Jargon free book looks at therapy from client and therapist angles.) **CCE RC 506.C3196 2002 (Bookrack on Windowsill)**

Freud, S.(1978).*The question of lay analysis: Conversations with an impartial person*. Anchor Books. **CCE BF 173.F632 1964 (Bookrack on Windowsill)**

*McWilliams, Nancy. (1999). *Psychoanalytic case formulation*, NY: Guilford.
(Psychodynamic formulation) **CCE RC473 .C37 M38 1999 (3 copies-1 on Reserve; 1 in GC & 1 on Bookrack on Windowsill)**

McWilliams, Nancy. (1994). *Psychoanalytic diagnosis: understanding personality structure in the clinical process*. NY: Guilford Press. **CCE 4 (3 copies- 1 on Reserve; 1 in GC & 1 on Bookrack on Windowsill)**

McWilliams, Nancy. (2004). *Psychoanalytic psychotherapy: A practitioner's guide*. Guilford, NY. **RC504.M33 2004 (2 copies-1 on Reserve &1 in GC)**
(Very clear approach to dynamic therapy.)

Schafer, R.(1983). *The analytic attitude*. Kama Books. **RC509 S347 1993**
(Classic book on therapist attitude from dynamic perspective.)

St. Clair, M. & Wigren, J. (2004). *Object relations and self psychology - An introduction*, 4th ed. Wadsworth. **BF 175.5 .O24 S7 2004 (Reserve)**

Cognitive Behavioral Therapy & Case Formulation

Beck, J. S. (1995). *Cognitive therapy: Basics and beyond*. NY: Guilford.
CCE RC 489 .C63 B43 1995 (1 copy in GC; 1 on Bookrack on Windowsill)

*Bruch, M. & Frank W. Bond, F.W. (Eds), (1998). *Beyond diagnosis: Case formulation approaches in CBT* John Wiley & Sons. **CCE RC 473 .C37 B49 1998 (Bookrack on Windowsill)**

Linehan, M. (1993). *Cognitive-behavioral treatment of borderline personality disorder*. NY: Guilford. **RC 569.5 .B67 L56 1993**

*Persons, J. B. (1989). *Cognitive therapy in practice: A case formulation approach*. W. Norton, NY. **CCE RC 489 .C63 P47 1989 (Bookrack on Windowsill)**

Family Therapy & Case Formulation

Gehart, D. R & Tuttle, A. R (2003). *Theory-based treatment planning for marriage and family therapists: Integrating theory and practice*. Pacific Grove, CA: Brooks/Cole-Thomson Learning. **RC 488.5 .G4187 2003**

Griffin, W. A. & Greene, S. M. (1999). *Models of family therapy: The essential guide*. Philadelphia, PA: Taylor & Francis. **CCE RC 488.5 G753 1999 (Bookrack on Windowsill)**

Home, A. M. (2000). *Family counseling and therapy, 3rd ed.* Belmont, CA: Brooks/Cole. **RC 488.5 .H63 2000**

McGoldrick, M., Giordano, I., & Pearce, I. K. (2005). *Ethnicity and family therapy, 3rd ed.* NY: Guilford. **RC451.5 .A2 .E83 2005 (3 copies)**

McGoldrick, M., Gerson, R, & Shellenberger, S. (2000). *Genograms: Assessment and intervention, 2nd ed.* NY: Norton Professional Books. **RC 488.5 M395 1999**

Morgan, A. (2000). *What is narrative therapy: An easy-to-read introduction*. Adelaide, South Australia: Dulwich Centre. **RC489 .S74 M67 2000 (1 copy in Reference)**

Minuchin, S. (1998). *Family healing: Strategies for hope and understanding*. NY: The Free Press. **CCE RC488.5 M555 1998 (Bookrack on Windowsill)**

Napier, A. Y. with Whitaker, C. (1998, reissue). *The family crucible: The intense experience of family therapy*. NY: Harper Paperbacks. **RC 488.5 .N361 1978**

Existential & Humanistic Therapy

Bugental, James F. T. (1999). *Psychotherapy isn't what you think: Bringing the psychotherapeutic engagement into the living moment*. SF: Zeig, Tucker & Theisen. **CCE RC 489 .E93 B84 1999 (Bookrack on Windowsill)**

(see www.Psychotherapy.net, Articles sections, for last chapter of this book.)

*Bugental, J. T. (1992). *The art of the psychotherapist*. NY: W.W. Norton. **RC 480 .B75 1987**

Maslow, Abraham H. (1968). *Toward a psychology of being*, 2nd ed. NY: Van Nostrand Reinhold. **BF 698 .M338 1968 (2copies)**

May, R. (1969). *Love and will*. NY: Norton. **BF 692 .M34 1969**

"Yalom, I. (2002). *The gift of therapy: An open letter to a new generation of therapists and their patients*. NY: Perennial Currents. **RC 480 .Y35 2002**

*Yalom, I. (1980). *Existential psychotherapy*. NY: Basic Books. **RC 489 .E93 Y34 1980 (2 copies)**

Outcomes & Empirical Work on Psychotherapy

Carr, A. (2000). *What works with children and adolescents? A critical review of psychological interventions with children, adolescents and their families*. NY: Routledge. **REF RJ504. W53 2000**

Christophersen, E. R. & Mortweet, S. L. (2001). *Treatments that work with children: empirically supported strategies for managing childhood problems*. Washington DC: American Psychological Association. **RJ 499 C492 2001**

Duncan, B. L., Miller, S. D., & Sparks, J. A. (2004). *The heroic client: A revolutionary way to improve effectiveness through client-directed, outcome-informed therapy*. San Francisco: Jossey-Bass/Wiley **RC 481.D86. 2004**

Duncan, B. L., Miller, S. D., Wampold, B. E., & Hubble, M. A. (2009). *The heart and soul of change: Delivering what works in therapy* (2nd ed.). Washington, DC: American Psychological Association. **REF RC480.52 H43. 2010 (1 copy in Reference)**

*Fonagy, P., Target, M., Cottrell, D., Phillips, J., & Kurtz, Z. (2005). *What works for whom? : A critical review of treatments for children and adolescents*. NY: Guilford. **RC 480.52 .R669 2005**

*Hubble, M., Duncan, B. & Miller, S. (Eds), (1999). *The heart and soul of change: What works in therapy*. Washington DC: American Psychological Association. **RC 480.52 .H43 1999**

Kazdin, A. E. & Weiss, J. R. (2003). *Evidence-based psychotherapies for children and adolescents*, Guilford Press, NY. **REF RJ 504 .E95 2003**

*Nathan, P. E. & Gorman, J. A. (Eds), (2007). *A guide to treatments that work*, 3rd ed. Oxford University Press. **CCE RC 480.5 .G85 2007 (Bookrack on Windowsill)**

*Norcross, J. E. Beutler, L. E., & Levant, R. E. (Eds), (2005). *Evidence-based practices in mental health: debate and dialogue on the fundamental questions*. Washington DC: American Psychological Association. **RC 455.2.E94 E955 2006 (3 copies-1 in GC, 1 on Bookrack on Windowsill, & 1 on Reserve)**

*Norcross, J. N. (2002). *Psychotherapy relationships that work: Therapists contributions and responsiveness to patients*. Oxford University Press.
CCE RC 480.8 P78 2002 (Bookrack on Windowsill)

Wampold. B. E. (2001). *The great psychotherapy debate: models, methods, and findings*. NY: Lawrence Erlbaum Associates. **CCE RC437.5 .W35 2001 (Bookrack on Windowsill)**

Psychotherapy – General

Bender, S. & Messner, E. (2002). *Becoming a therapist: What do I say, and why?* NY: Guilford.
RC 480 .B359 2003

Budman, S. H. & Gunnan, A. S. (1988). *Theory and practice of brief therapy*. NY; Guilford.
CCE RC 480.55 .B83 1988 (Bookrack on Windowsill)

*Gi1, E. (1991). *The healing power of play*. NY: Guilford.
CCE RJ 507.A29 G55 1991 (Bookrack on Windowsill)

Miller, W. R., Rollnick, S., & Conforti, K. (2002). *Motivational interviewing: Preparing people for change, 2nd ed.* NY: Guilford. **RC 533 .M56 2002**

*Pipes & Davenport. (1999). *Introduction to psychotherapy: Common clinical wisdom, 2nd ed.* Prentice Hall College Division. **RC 480 .P48 1999**

*Sharma, Sohan. (1995)~ *The therapeutic dialogue: A guide to humane and egalitarian psychotherapy*. Jason Aronson, NY.

Winston, A., Rosenthal, R.N., Pinsker, H., & Winston, A.M. (2004). *Introduction to supportive psychotherapy*. NY: American Psychiatric Association.
CCE RC 489 .S86 W55 2004 (Bookrack on Windowsill)

Ethics & Law

American Psychological Association. APA Ethics site: <http://www.apa.org/ethics>

California Board of Psychology. <http://www.psychboard.ca.gov/index>

California Psychological Association: <http://www.cpapsych.org/>

Fisher, Celia. (2009). *Decoding the ethics code: A practical guide for psychologists*. NY: Sage.
REF BF 76.4 .F57 2009 (2 copies)

Nagy, Thomas F. (2004). *Ethics in plain English: An illustrative casebook for psychologists, 2nd ed.* Washington DC: APA. **REF BF 76.4 .N34 2005**